

File Created by [Blogging Rebirth](#) WP Plugin

Useful Info About Traffic Exchanges

The use of traffic exchanges is a great way to increase traffic to your website or blog. Most exchanges provide FREE membership. br /

br /
The basic principle is that you surf through pages submitted by other members of the site and get rewarded with credits for each one viewed. The amount of credit varies from site to site but the normal ratios are between 1 credit for every 3 sites viewed to 1 credit for each site viewed.br /

br /
Many exchanges add further bonuses whilst you surf.br /

br /
These credits can then be used so that your site gets seen once per credit to other surfers. br /

br /
If you surf several sites at once using multiple tabs or windows you can earn several hundred credits per hour of surfing.br /

br /
Firefox is an ideal browser to use for this purpose and has the added advantage of add ons which further increase your surfing speed. These are "no script" and "stop auto play".br /

br /
There are literally hundreds of traffic exchanges, on the internet, to choose from but it is best to stick with the twenty or thirty established tried and true, sites. They have higher membership numbers which means more people get to see your site.br /

br /
a href=<http://traffichoopla.com/cgi-bin/best-hit-exchanges.cgi/39793/> target=_blankTraffic exchanges/abr /

br /
The best sites can be found at a few of the better list building sites which, if you sign up to them, can also help to boost your site traffic.br /

br /
When you join a list building site you get access to a list of the better traffic exchanges as evaluated by that site. You simply join these exchanges and enter your referral ID into the space next to that site in the list.br /

br /
The next step in to get your referral URL for the listbuilder and advertise it on the exchanges. When someone joins the listbuilder under you they will also join the other sites on the list and become your referral on those sites.br /

br /
As your downline, you will get a credits for any surfing they do on those sites to which you are a member.br /

br /
Many Traffic Exchanges now have added features such as team surfing and chat which gives you the advantage of meeting other people of like mind and many relationships can be formed to give you more information about internet business building and how to achieve your goals.br /

br /
There are many variations between the different Traffic Exchanges but they will all contribute to getting your site or business FREE ADVERTISING.br /

br /
The most important thing to remember in internet marketing is that the more visitors you get to your site the more money you will make.br /

br /
Once you have joined a few Traffic Exchanges you will need to set in place a surfing regime in order to get credits on as many of them as possible.br /

br /
Pick at least five or six, preferably the "chart toppers" and surf at least 100 sites on each at least 5 days per week. This should take about an hour.br /

br /
If time allows you then surf other sites, 5 or 6 at a time, and view 50 sites on each.br /

br /
Remember, the more you surf, the more your site gets seen. The more your site gets seen the more sales that you make.br /

br /

Of course, in addition, if any of your downline members in the exchanges upgrades you will also get commissions on their fees.br /

br /

The important thing to remember is that building a business online, just like any other business, takes time. Ignore the claims of making a million in a short time or retiring in 12 months. This is unrealistic but if you take the time it is possible to create a modest income eventually. br /

br /

a href=http://affiliatefunnel.com/top10te.php?rid=7605 target=_blankManual traffic exchanges/abr /

br /

All the best in all you do.

You can also find this article published on [single file page on filorama.com](#)